

**Counseling and Health Center, LLP
Intake Information**

Name _____ Date of Birth _____

Briefly describe reason for seeking help: _____

Name of Physician: _____ Last Visit _____

Major Health Problems: _____

Current Medications: _____

Previous Psychotherapy or Counseling: _____

Circle any of the following which are a problem for you:

Nervousness	Depression	Fears	Shyness
Sexual Problems	Suicidal Thoughts	Separation	Divorce
Finances	Drug Use	Alcohol	Unhappiness
Anger	Self-Control	Work	Sleep
Stress	Tiredness	Memory	Legal Matters
Ambition	Energy	Insomnia	Decision-Making
Loneliness	Self-Esteem	Education	Concentration
Temper	Nightmares	Marriage	Children
Appetite	Stomach Troubles	Parenting	My thoughts